



Sunday, August 18, 2019

**Open Water Event Registration Information**

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Hosted By: Michin' Accomplished

[www.michinaccomplished.com](http://www.michinaccomplished.com)

**Location:** Old Mission Harbor at Haserot Beach located on the Old Mission Peninsula in Traverse City, Michigan.

**Sanctioning Bodies:** World Open Water Swimming Association

**Event Director:** Courtney Greening (231) 590-0430

**Event Timeline:**

6:00 am	Event Set-up/Set Course Buoys
6:45 am	Registration Open/Check-in/Body Markings
7:30 am	Safety Personnel & Watercraft Meeting
7:30 am	Warm-up Area Open
7:45 am	Motorized and Non-motorized Watercraft on Course
7:45 am	Registration Closed
8:00 am	Warm-up Area Closed
8:10 am	Pre-race Participant Meeting on Beach (MANDATORY)
8:25 am	Stage 2-Mile Participants
8:30 am	Start 2-Mile Swim
8:35 am	Stage 1-Mile Participants
8:40 am	Start 1-Mile Swim
8:45 am	Stage .5-Mile Youth Swim
8:50 am	Start .5-Mile Youth Swim
10:30am	Course Cleared of Participants/Collect Buoys
10:40am	Awards
11:00am	End Event/Event Cleanup

**About Haserot Beach:** Old Mission Harbor, of Haserot Beach, is located approximately 20 miles north of the heart of Traverse City on the Old Mission Peninsula. The Old Mission Peninsula offers scenic views of East and West Grand Traverse Bays, wineries, orchards and farms. You will find that the area is abundant with swimmable blue waters, welcome to our home!

## Break a Wave Course Diagram:

2-Mile Course:



1-Mile Course



.5-Mile Course:



### Race Distances:

1-Mile Swim: In water start, one loop rounding at the .5 mile buoy with an on-beach finish.

2-Mile Swim: In water start, one loop rounding at the 1 mile buoy with an on-beach finish.

Youth .5-Mile Swim: In water start, one loop rounding the .25 mile buoy with an on-beach finish.

### ADDITIONAL RACE DETAILS:

**Water Temperature:** Expected to be 64°-72°F.

**Safety:** The course will be protected by motorized and non-motorized watercraft. Certified lifeguards will be positioned on the course to provide emergency assistance to participants as needed. In addition, medical staff and EMS will be onsite and located on the beach. In the case of inclement weather or any other factors that may arise, the event director and safety director may modify the starting times, course route or cancel the event. There will be NO REFUNDS/DEFERRALS for cancellation of the event due to weather or water quality issues that are out of our control.

**Pre-Race:** A MANDATORY pre-race participant meeting will take place at 8:10am on the beach. All participants are required to attend in order to be knowledgeable of the emergency procedures, safety protocol and course set-up.

**Equipment:** Swim caps will be provided to all participants and MUST BE WORN DURING THE RACE. The 1-mile participants will wear green caps, the 2-mile participants will wear yellow caps and the .5-mile participants will wear pink caps. Participants allergic to latex should plan to purchase a silicone cap matching the color of the corresponding race cap, or plan to wear a silicone cap beneath their provided race cap. Wetsuits are permitted, however awards for participants who wear a wetsuit will recognize the overall top 3 female and 3 male participants, not per age group.

**Event check-in:** Event check in will run from 5-7pm on Saturday evening (August 17th, 2019) at The Filling Station Microbrewery and 6:45-7:45am on race morning at the registration table on the beach, see diagram for location. During check-in, participants will be issued a race cap and an identification card. Please note that the identification card MUST BE WORN INSIDE/UNDERNEATH YOUR RACE CAP in order for your time to be properly recorded. Upon finishing the swim, the identification card will be handed in to the finishers table to record each swimmers finish order, place and time.

**Eligibility:** The race offers event opportunities for individuals age 9-12 in the .5-mile swim, age 13-17 in the 1-mile swim and 18 years and older in the 1 or 2-mile swim. ALL participants will be required to sign the Break a Wave waiver release form before participating in the event. Participants in the 9-12 and 13-17 age group divisions will additionally be required to have their head coach complete the Coach Approval for Minor Form stating that the swimmer is of appropriate skill level to participate in the .5-mile or 1-mile event. The Coach Approval for Minor Form is available on the event website.

**Time Limit:** Participants remaining in the water after 10:30 am will be assisted off the course.

**Entries:** Entries will be limited to 200 participants. Online entries will be accepted until 11:59 pm Wednesday, August 14th, 2019, or until the event limit is reached. Online entries will be accepted by RunSignUp software. Race day entry will be available morning of the swim, please check-in at the registration table.

**Results:** Results will be available on-site upon completion of the event on the results board, see diagram for location. Results will also be available online at the Michin' Accomplished events website.

**Registration Fees:**

REGISTRATION FEES ARE NON-REFUNDABLE.

Online Entries up to 11:59 pm Wednesday, August 14th, 2019

\$20, 9-12 year old age group (.5-mile) - NO PRICE INCREASES

\$30, 13-17 year old age group (1-mile) - NO PRICE INCREASES

\$40, 18 and over (1-mile and 2-mile) - PRICE INCREASES, SEE

REGISTRATION DETAILS ON

SIGN UP PAGE

Race Day Entries

\$55, 18 and over (1-mile and 2-mile)

**Awards:** The top three male and top three female finishers in each age group will receive awards. Men's and women's age group divisions will be as follows: 9-12 (.5-mile only), 13-17(1-mile only), 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+. Participants wearing wetsuits will be classified in the wetsuit division and awarded overall top 3 female and 3 male participants, not per age group.

**Presentation:** A short awards ceremony will take place at approximately 10:40 am on the beach. Post-race food and beverages will be available to participants.

**Parking:** EVENT PARKING IS LIMITED. It will be very helpful and highly recommended to carpool out to the event location. Primary event parking will be located on Mission Rd at Kelley Park across from the Old Mission Inn. Please be mindful of private property and restricted parking within the area.

**Directions:**

From US-31N: Turn left onto Garfield Ave, continue onto Peninsula Drive. Veer right to continue onto M-37/Center Rd for approximately 15 miles. Turn right onto Swaney Rd and continue for 1 mile. Turn right onto Mission Rd and you have arrived at the event parking.

From US-31S: Turn right onto Garfield Ave, continue onto Peninsula Drive. Veer right to continue onto M-37/Center Rd for approximately 15 miles. Turn right onto Swaney Rd and continue for 1 mile. Turn right onto Mission Rd and you have arrived at the event parking.

